



# Holyoke Medical Center

## Weight Management Program

**3,400+**  
new patients

over  
**97,000**  
pounds

have been lost  
in our program  
since we  
opened in  
**2016**



12 months post  
surgery

**60%**

of patients are **no longer obese**, have improved medical conditions and a longer life expectancy

**92 lbs**  
average  
weight loss  
18 months  
after surgery

highest weight loss **with** surgery:

**237 lbs**

at 12 months

**245.2 lbs**

at 18 months

**204.8 lbs**

at 24 months



laparoscopic  
bariatric procedures  
completed at HMC:  
more than  
**1,076**

### DIABETES & HIGH BLOOD PRESSURE

even **BEFORE**  
surgery, our diabetic  
patients experience:

- ✓ A1c levels **DOWN** by 1.2%
- ✓ Fasting Glucose 7 points **LOWER**
- ✓ 5% **REDUCTION** in Blood Pressure

**10%** Total Body Weight Loss  
recommended before  
surgery



our **TEAM OF EXPERTS** have presented at national & international conferences with **12** podium presentations and **7** poster presentations, published **13** peer reviewed publications

**& conducted a national FDA clinical trial**

your **health & safety** is our top priority – we use telehealth to **increase your success**